

# NATURAL MICROWAVE POPCORN 3.5 OZ BAG (99g)

<b>Nutrition Facts</b>	Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*	*Percent Daily Values based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Serv. Size 2 TBSP (33g) Servings per bag (3) <b>Calories</b> 160 Fat Calories 70	<b>Total Fat</b> 8g	12%	<b>Total Carb.</b> 19g	6%		Calories	2,000	2,500
	Sat. Fat 1.5g	8%	Fiber 3g	12%	Total Fat	Less than	65g	80g
	<i>Trans</i> Fat 3g		Sugars 0g		Sat Fat	Less than	20g	25g
	<b>Cholest.</b> 0mg	0%	<b>Protein</b> 3g		Cholesterol	Less than	300mg	300mg
	<b>Sodium</b> 320mg	12%			Sodium	Less than	2,400 mg	2,400mg
	Vitamin A 0% * Vitamin C 0% * Calcium 0% * Iron 4%				Total Carbohydrate		300g	375g
					Dietary Fiber		25g	30g

**ALLERGEN INFORMATION: CONTAINS MILK**

Ingredients: Popcorn, Partially Hydrogenated Soybean Oil, Salt

# BUTTER MICROWAVE POPCORN 3.5 OZ BAG (99g)

<b>Nutrition Facts</b>	Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*	*Percent Daily Values based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Serv. Size 2 TBSP (33g) Servings per bag (3) <b>Calories</b> 160 Fat Calories 70	<b>Total Fat</b> 8g	12%	<b>Total Carb.</b> 19g	6%		Calories	2,000	2,500
	Sat. Fat 1.5g	8%	Fiber 3g	12%	Total Fat	Less than	65g	80g
	<i>Trans</i> Fat 3g		Sugars 0g		Sat Fat	Less than	20g	25g
	<b>Cholest.</b> 0mg	0%	<b>Protein</b> 3g		Cholesterol	Less than	300mg	300mg
	<b>Sodium</b> 320mg	12%			Sodium	Less than	2,400 mg	2,400mg
	Vitamin A 0% * Vitamin C 0% * Calcium 0% * Iron 4%				Total Carbohydrate		300g	375g
					Dietary Fiber		25g	30g

**ALLERGEN INFORMATION: CONTAINS MILK**

Ingredients: Popcorn, Partially Hydrogenated Soybean Oil, Salt, Natural and Artificial Butter Flavor, Lecithin, and Beta Carotene for color

# CHEESE MICROWAVE POPCORN 3.5 OZ BAG (99g)

<b>Nutrition Facts</b>	Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*	*Percent Daily Values based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Serv. Size 2 TBSP (33g) Servings per bag (3) <b>Calories</b> 170 Fat Calories 80	<b>Total Fat 9g</b>	14%	<b>Total Carb. 19g</b>	6%	Calories	2,000
	Sat. Fat 2g	10%	Fiber 3g	12%	Total Fat	Less than 65g	80g
	Trans Fat 3g		Sugars <1g		Sat Fat	Less than 20g	25g
	<b>Cholest. 0mg</b>	0%	<b>Protein 3g</b>		Cholesterol	Less than 300mg	300mg
	<b>Sodium 320mg</b>	12%			Sodium	Less than 2,400 mg	2,400mg
	Vitamin A 0% * Vitamin C 0% *		Calcium 0% * Iron 4%		Total Carbohydrate	300g	375g
					Dietary Fiber	25g	30g

## ALLERGEN INFORMATION: CONTAINS MILK, WHEAT

Ingredients: Popcorn, Partially Hydrogenated Soybean Oil, Salt, Natural and Artificial Cheddar Cheese, FD & C Yellow #5 & #6 and Beta Carotene for color, Wheat

# HOT & SPICY MICROWAVE POPCORN 3.5 OZ BAG (99g)

<b>Nutrition Facts</b>	Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*	*Percent Daily Values based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Serv. Size 2 TBSP (33g) Servings per bag (3) <b>Calories</b> 180 Fat Calories 70	<b>Total Fat 10g</b>	12%	<b>Total Carb. 19g</b>	6%	Calories	2,000
	Sat. Fat 1.5g	8%	Fiber 3g	12%	Total Fat	Less than 65g	80g
	Trans Fat 3g		Sugars 0g		Sat Fat	Less than 20g	25g
	<b>Cholest. 0mg</b>	0%	<b>Protein 3g</b>		Cholesterol	Less than 300mg	300mg
	<b>Sodium 395mg</b>	13%			Sodium	Less than 2,400 mg	2,400mg
	Vitamin A 0% * Vitamin C 0% *		Calcium 0% * Iron 4%		Total Carbohydrate	300g	375g
					Dietary Fiber	25g	30g

## ALLERGEN INFORMATION: CONTAINS MILK

Ingredients: Popcorn, Partially Hydrogenated Soybean Oil, Salt, Natural Flavor, Annatto Color, Beta Carotene for color

# LIGHT BUTTER MICROWAVE POPCORN 3.0 OZ BAG (85g)

<b>Nutrition Facts</b>	Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*	*Percent Daily Values based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Serv. Size 2 TBSP (33g) Servings per bag (2.5) <b>Calories</b> 140 Fat Calories 45	<b>Total Fat</b> 5g	8%	<b>Total Carb.</b> 20g	7%	Calories	2,000
	Sat. Fat 1g	5%	Fiber 3g	12%	Total Fat	Less than 65g	80g
	<i>Trans</i> Fat 2g		Sugars 0g		Sat Fat	Less than 20g	25g
	<b>Cholest.</b> 0mg	0%	<b>Protein</b> 3g		Cholesterol	Less than 300mg	300mg
	<b>Sodium</b> 190mg	8%			Sodium	Less than 2,400 mg	2,400mg
	Vitamin A 0% * Vitamin C 0% *		Calcium 0% * Iron 4%		Total Carbohydrate	300g	375g
					Dietary Fiber	25g	30g

**ALLERGEN INFORMATION: CONTAINS MILK**

Ingredients: Popcorn, Partially Hydrogenated Soybean Oil, Salt, Natural and Artificial Butter Flavor, Lecithin, and Beta Carotene

# KETTLE CORN MICROWAVE POPCORN 3.5 OZ BAG (99g)

<b>Nutrition Facts</b>	Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*	*Percent Daily Values based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Serv. Size 2 TBSP (33g) Servings per bag (3) <b>Calories</b> 170 Fat Calories 80	<b>Total Fat</b> 9g	14%	<b>Total Carb.</b> 19g	6%	Calories	2,000
	Sat. Fat 2g	10%	Fiber 3g	12%	Total Fat	Less than 65g	80g
	<i>Trans</i> Fat 3g		Sugars <1g		Sat Fat	Less than 20g	25g
	<b>Cholest.</b> 0mg	0%	<b>Protein</b> 3g		Cholesterol	Less than 300mg	300mg
	<b>Sodium</b> 120mg	12%			Sodium	Less than 2,400 mg	2,400mg
	Vitamin A 0% * Vitamin C 0% *		Calcium 0% * Iron 4%		Total Carbohydrate	300g	375g
					Dietary Fiber	25g	30g

**ALLERGEN INFORMATION: CONTAINS MILK**

Ingredients: Popcorn, Partially Hydrogenated Soybean Oil, Salt, Sucralose and Natural Flavors

# MERRITT POPCORN COMBO PACKS

<b>NUTRITION FACTS</b>	
Serving Size 3 Tbsp. (38 g Unpopped Corn and Oil Mix) Yields about 4 1/4 Cups Popped Corn Servings Per Container about 6	
<b>Amount Per Serving</b>	
<b>Calories 168</b>	<b>Calories from Fat 91</b>
% Daily Value*	
<b>Total Fat 10g</b>	<b>15%</b>
<b>Saturated Fat 8g</b>	<b>40%</b>
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 295mg</b>	<b>12%</b>
<b>Total Carbohydrate 19g</b>	<b>6%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 0g	
<b>Protein 3g</b>	
<b>Iron 3%</b>	
Not a significant source of Sugars, Vitamin A, Vitamin C, and Calcium	
*Percent Daily Values are based on 2000 calorie diet. Your daily values may be higher or lower depending on you calorie needs:	
	Calories: 2000    2500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g

Ingredients: Popcorn, Salt, Coconut Oil